

COMMUNITY EVENT

Rodeo Supper

Friday, September 1
4:30 p.m. @ Rec Centre
Entry at Multi-Purpose Room
Cost: \$6.00 per plate
Menu: Pulled Pork & Sides

Hosted by:



FCSS/LAKELAND FAMILY RESOURCE NETWORK

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Girls Supporting Girls

with Registered Provisional Psychologist;
Kaitlyn Buechler

FOR AGES 10-14

*8 spots available

Supporting & building healthy identities together. Learning about self esteem, body image, healthy relationships and boundaries, anxiety, emotional regulation & more.



6 week program, \$60
Tuesdays 4:30pm - 6:00pm
August 15, 22, September 5, 12, 19
LFRN Centre 5002 - 51ave



SNACKS PROVIDED



COMMUNITY AWARENESS night

St Paul

join us for an exciting evening where organizations are on hand to promote, register members and discuss their role in our community. Community Awareness Night is FREE to the public and brought to you by St Paul Regional FCSS.

WEDNESDAY
SEPT 13/23
5-8 PM

ST PAUL REC CENTRE 4802 53 ST

Call 780-645-5311 for more information or to reserve your community organization table.



ST PAUL REGIONAL FAMILY & COMMUNITY SUPPORT SERVICES

Block Party

free event

AUGUST 18/23
11AM - 2PM
RAIN OR SHINE

Food, games & fun

ST. PAUL SPLASH PARK

47TH STREET & LAKESHORE DRIVE

call 780-645-5311 for more info

Promoting positive relationships & connections for families to their community.

